

WHOLENESS & WELLNESS

A WEEKEND OF RECENTERING



REFRESH YOUR SPIRIT WITH CONNECTION TO NATURE, COMMUNITY & YOUR DEEPER SELF. CHOOSE FROM EXPERT-LED SESSIONS AND FREE TIME OPPORTUNITIES THAT FEED YOU!

SCHOLARSHIPS AND OPTIONS FOR EVERYONE AND EVERY BUDGET!



TIERED
PRICING
STARTING
AT \$100

QUESTIONS? EMAIL US AT
LOGAN@LAFORET.ORG

SEPTEMBER 13-15
LAFORET.ORG/REFUGE