

NEXT Steps: Midlife and Beyond



You are invited to enroll in this 14-week process of self-discovery. For more information, contact Steve Lawler, Director of Walker Leadership Institute at Eden Seminary, at slawler@eden.edu.

NEXT Steps: Vocation and Aging

NEXT Steps introduces participants to theological and psychological concepts of vocation and aging. It is a gathering for adults contemplating or entering retirement, and those who are recently retired.

Participation

NEXT Steps participants follow a 14-week process of self-discovery through readings, presentations, small group discussions, and discernment. All classes will meet via ZOOM. By the end of the course, participants will have developed a plan for their next phase of life.

Orientation

Rev. Beth Long-Higgins, Rev. Steve Lawler, and Jill Schantz would like to invite you to an optional brief orientation to the course and introduction to the instructors on September 1 at 5:30 CST/6:30 EST. This meeting will answer questions of logistics, introduce the instructors, and generally try to make the opening day of NEXT Steps as smooth as possible.

Cost

The cost is \$500

Text

- *Creative Aging* by Marjory Zoet Bankson

Other readings, digital resources and personal and group exercises will be assigned throughout the course.

Course Schedule

NEXT Steps will have our first orientation meeting on Tuesday September 1 at 5:30 pm CST/ 6:30 pm EST for approx. one hour. The remaining meetings will all meet for two hours September 7 and 21, October 5 and 19, November 2, 16, and 30, December 14.



www.eden.edu/nextsteps/