# REFERRAL RESOURCE GUIDE

# Rocky Mountain Conference

# IN AN EMERGENCY OR CRISIS

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| For assistance in an emergency situation |  | National Suicide Prevention Lifeline |
| Dial 911 | 1-800-273-TALK (8255) (press 1 for veterans, 2 for Spanish) |
|   |  |   |
| Colorado Crisis Service |  |  |
| [www.coloradocrisis](http://www.coloradocrisis)services.org1-844-493-8255 Text “TALK” to 38255 |  |  |

DOMESTIC VIOLENCE, ABUSE, AND SEXUAL ASSAULT RESOURCES

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| National Child Abuse Hotline |  | National Sexual Assault Hotline |
| 1-800-4-A-CHILD (1-800-422-4453) | 1-800-656-HOPE (4673) |
|   |  |   |
| National Domestic Violence Hotline |  | **RAINN** (Rape, Abuse & Incest National Network)  |
| 1-800-799-SAFE (7233)1-800-787-3224 (hearing impaired line) |  | 1-800-656-HOPE (4673)www.rainn.org |

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## TREATMENT RESOURCES

SAMHSA’s National Helpline provides free, 24-hour information and referral assistance to local treatment facilities, support groups, and community-based organizations.

1-800-662-HELP (4357) and <http://findtreatment.SAMHSA.gov>

National Council for Behavioral Health can assist you in finding a local provider of behavioral health services and support. [www.theNationalCouncil.org](http://www.theNationalCouncil.org) (click on “Find a Provider”)

## Mental Health Treatment

SAMHSA’s National Helpline provides free, 24-hour information and referral assistance to local treatment facilities, support groups, and community-based organizations.

1-800-662-HELP (4357)

National Alliance on Mental Illness (NAMI) Information HelpLine provides information and referral services. 1-800-950-NAMI (6264)

NAMI Colorado [www.namicolorado.org](http://www.namicolorado.org) HelpLine (303) 321-3104

NAMI Utah [www.namiut.org](http://www.namiut.org) HelpLine 1-801-323-9900

NAMI Wyoming [www.namiwyoming.org](http://www.namiwyoming.org) HelpLine (307) 265-2573

National Council for Behavioral Health can assist you in finding a local provider of behavioral health services and support. [www.theNationalCouncil.org](http://www.theNationalCouncil.org) (click on “Find a Provider”)

RESOURCES FOR SPECIAL POPULATIONS

Gay, Lesbian, Bisexual, Transgender Support Resources

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| GLBT National Help Center |  | Trevor Project Crisis Line – LGBTQ Youth  |
| 1-888-843-4564[www.glnh.org](http://www.glnh.org)  | 1-866-4-U-TREVOR (488-7386)[www.theTrevorProject.org](http://www.theTrevorProject.org) |
|  |   |
| GLBT National Youth Talkline |  |
| 1-800-246-PRIDE (1-800-246-7743) [www.glnh.org/talkline](http://www.glnh.org/talkline)  |  |

SELF-HELP RESOURCES **AND GROUPS**

*Find a time and location of a meeting.*

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| Alcoholics Anonymous |  | Narcotics Anonymous |
| [www.aa.org/pages/en\_US/find-aa-resources](http://www.aa.org/pages/en_US/find-aa-resources) | 1-888-GET-HOPE (438-4673) (Hopeline)www.na.org/meetingsearch |
|   |  |   |
| National Domestic Violence Hotline |  | **Nar-Anon Family Groups** |
| [www.al-anon.alateen.org/local-meetings](http://www.al-anon.alateen.org/local-meetings)  |  | www.nar-anon.org/find-a-group  |
|   |  |  |
| National Domestic Violence Hotline |  |
| [www.draonline.org](http://www.draonline.org)  |  |

# OTHER RESOURCES

Free and confidential information and referral, available 24/7, for help with food, housing, employment, health care, counseling and more - Dial 211

Homeowner’s HOPE™ Hotline provides free comprehensive financial education and confidential foreclosure prevention counseling 24/7. 1-888-995-HOPE (4673)

Legal Advice provides legal information, lawyer profiles and a community to help individuals make legal decisions. [www.findlaw.com](http://www.findlaw.com)

Check out resources from the UCC Mental Health Network at [www.mhn-ucc.org](http://www.mhn-ucc.org).

Feel free to contact Rev. Amy Petré Hill, Mental Health & Inclusion Minister and UCC MHN Board Member at revamy@mtviewunited.org or 510-967-4890 for help addressing mental health and substance use disorders in your faith community.