

With our trusty F.A.Q, you will have all the knowledge and preparation necessary in order to make sure you or your child has the best experience possible in the Outdoor Ministry Program.

### **F.A.Qs (Frequently Asked Questions)**

#### **WHERE ARE THE CAMPS AND RETREATS HELD?**

All camps and retreats are held at the La Foret Conference and Retreat Center in the beautiful Black Forest of Colorado Springs, CO.

6145 Shoup Road  
Colorado Springs, CO 80908  
(719) 495-2743

La Foret is a beautiful retreat center with all the comforts of home. The nine log cabins are cozy and comfortable with bunk beds in every room and two full bathrooms. Two cabins have full kitchens, but all our delicious meals at La Foret are provided in the dining hall. Campers meet in large and small groups in the various historic buildings on site and most of our worship services occur in the Bemis Taylor Chapel. For more information on La Foret please visit [laforet.org](http://laforet.org)

#### **WHEN ARE THE RETREATS?**

The RMC offers various programming ministries for middle and high school aged youth during the fall, winter, and spring seasons.

Each year, we offer:

- A Fall Retreat called SpiritSpark usually toward the end of October.
- A Spring Retreat in March / April.

In addition, we often offer Confirmation retreats, depending on demand.

Most Retreats begin at 7:00pm on Friday night and end at 10:00 am on Sunday morning. Visit our Camps & Events page for more information.

#### **WHEN ARE THE SUMMER CAMPS?**

The Rocky Mountain Summer Camps are offered during the Summer months of June - August. Registration opens every year on or before February 1. Visit our camps home page for more information on all our camps.

#### **HOW DO I REGISTER FOR A CAMP OR A RETREAT?**

All registration for camps and retreats is handled the same. You just need to click on the "Begin Registration" link on the [Camps & Events page](#). If you have not registered before, you will have to create a user name and password

#### **WHAT DO I NEED TO BRING WITH ME TO LA FORET?**

- Warm, layered clothing

- Close-toed shoes/ socks
- Sleeping bag and/or Bed linens
- Pillow
- Bible
- Notebook/pen
- Flashlight
- Towel
- Toothbrush & toiletries
- Medication IN ORIGINAL Containers
- curiosity, and an open mind

### **WHAT SHOULD I DEFINITELY NOT BRING WITH ME TO RMC OUTDOOR MINISTRY EVENTS?**

- Drugs (including marijuana in any form)
- Alcohol
- Tobacco
- Weapons (including pocket knives)
- Anything you do not want to misplace.
- \* Electronic devices such as iPods may be used only during personal time

### **I HAVE FOOD ALLERGIES. CAN LA FORET ACCOMMODATE THEM?**

Yes! The kitchen staff at La Foret is trained and familiar with the many allergies campers have and are alerted prior to the beginning of each camp the nature and severity of camper allergies. Be sure to note allergies during your registration process so we can pass the information onto La Foret.

### **IS THERE A CAMP NURSE?**

Yes! We hire a registered nurse for all our week long youth camps and most of our retreats. S/he collects medications and dispenses them for campers at mealtimes and bedtimes. S/he also assesses any unforeseen accidents and partners with La Foret staff, Conference staff, and camp / retreat directors in enacting safety protocols.

### **I WANT TO HELP! WHAT CAN I DO TO SUPPORT THE OUTDOOR MINISTRY PROGRAM?**

You can always support financially. Camps and retreats cost money and although we keep our costs as low as possible, scholarships and support are great ways to help kids get to camp. If you want to volunteer your time, you may do that in one of two ways:

To volunteer to help with retreats, email La Foret's Dir. of Transformational Programs, Logan Bennett, at [logan@lafort.org](mailto:logan@lafort.org). Logan will get in touch with you and find out your interests, availability, skills, training, commitment, and background check.

To counsel summer camps, please contact Logan by April 1 of the year you wish to counsel. Thanks for your willingness to serve!

## **CAMP IS OUT OF OUR BUDGET—WHAT ABOUT SCHOLARSHIPS?**

There are three ways to help cover camp costs.

1. The first is during the online registration process. You will have the opportunity to select the “My family needs a campership” button which will reduce your fee. The amount varies by camp and will be automatically deducted from your Registration Account.
2. The second is through your local UCC church. The RMC expects that local churches will help campers who need assistance by providing matching scholarships. Please speak to your pastor or youth leader for more information on the resources your local church has set aside as a mission offering to the wider church for this purpose.
3. The third is through Church / Association / RMC Partnerships. If the above methods do not reduce your fee enough, you may reach out directly to both your pastor / youth leader and email us at [logan@lafortet.org](mailto:logan@lafortet.org). Together, we will find resources to help further reduce your costs.

Where do Camperships (scholarship funds) come from?

- Rocky Mountain Conference Subsidies
- Local Churches
- Individual Donors
- Registration Donations (folks can choose to donate during the registration process)
- \*Associations in the Conference
- OCWM funds

## **WAIT, YOU STILL HAVEN'T ANSWERED MY QUESTION!**

No Problem! Email [logan@lafortet.org](mailto:logan@lafortet.org) or call (719) 822-7243 with any other questions.