

# Connecting with God in the Messiness of Life

RMC Women's Retreat /// April 20–22, 2018 /// La Foret

This April, you are invited to the Women's Retreat at La Foret! For three years now, women have found joy, solace, and fellowship together in the heart of the Black Forest. Once again, guests can register for the full weekend (\$150) or for Saturday only (\$50).

Register at [RMCUCC.org](http://RMCUCC.org) until April 7!

This year's theme, *Connecting with God in the Messiness of Life*, feels especially apt. So many of us are overwhelmed with frustration and heartbreak—and we've never been busier. In spite of technological advancements, things feel more complicated, not less.

Holy community, sacred discernment, and joyful presence are key. At the 2018 Women's Retreat, we will slow down, ditch distractions, and focus on what truly matters. The retreat will feature a guest speaker, chair yoga, the Labyrinth, and profound discussion!

## The Details

### Arriving & Departing:

Check-in (weekend guests):

4:30 to 6:00 p.m. — Friday, April 20

Check-in (single-day guests):

8:30–9:15 a.m. — Saturday, April 21

Check-out (all guests):

10 a.m. — Sunday, April 22

### Things to Bring:

- Bedding
- Clothes (layers)
- Toiletries/towel
- Medication
- Notebook
- Bible
- Walking shoes
- Short prayer or prayer memory to share

### Things to Leave at Home:

- Tobacco
- Drugs
- Pets
- Weapons

## See you at La Foret!

Questions? Contact Jan Hepp ([jkhepp@q.com](mailto:jkhepp@q.com)), Pam Erickson ([pamerickson@live.com](mailto:pamerickson@live.com)),  
or Barbara Whitcher ([barbarawhitcher@gmail.com](mailto:barbarawhitcher@gmail.com)).